



Friday Mail Pouch

WORSHIP: Sunday at 10 a.m.



“Misty Garden” by Grace Ferguson

“Yes to Life”

To all that confounds us and all that tugs our hearts, ours is to center Love.

For this week's Coffee Hour, the 4th Sunday of the month, last names S-Z are invited to bring refreshments. Thank you!

Zoom service link: <https://uuma.zoom.us/j/92959299766>

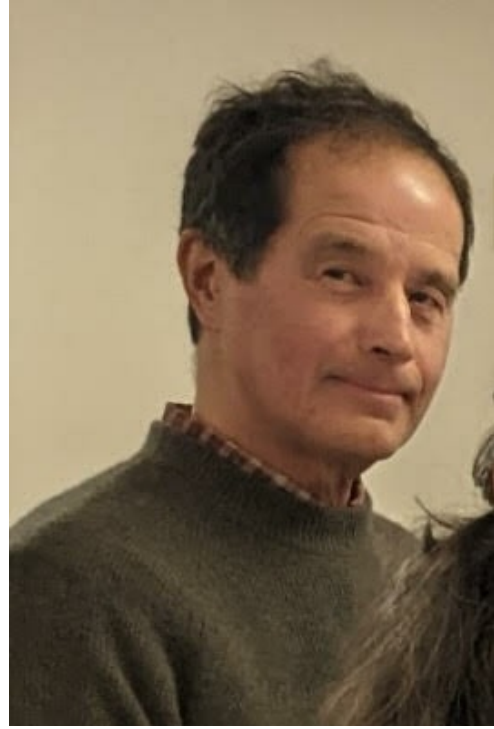
In Memoriam - John Frenz



Thoughtful, brilliant, and endlessly helpful, John Frenz studied engineering at Yale and MIT and chose a career in the biotech industry, which took him all over the world. In recent years, he taught in the Biotechnology Master's program at Northeastern University.

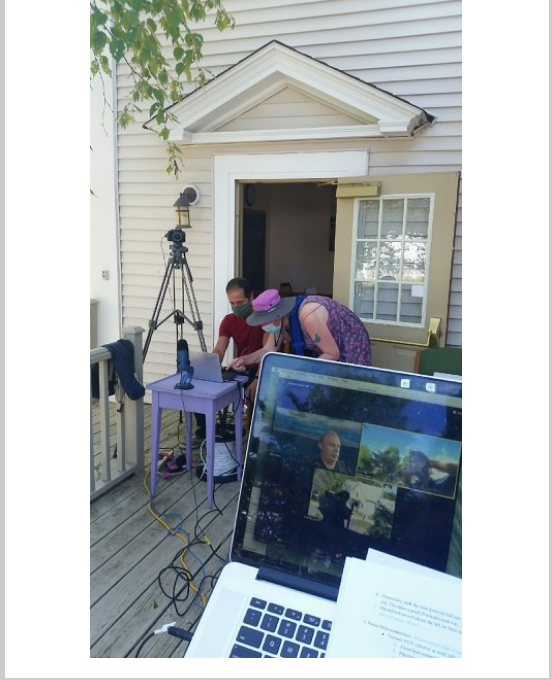
John became a UUFESian during Covid. Searching for a feeling of community and involvement, he often commented that belonging to the fellowship was a way to step back and think of other people, "to be a better person." John contributed to UUFES in countless ways, serving on the Governing Board as Treasurer, on the Building & Grounds Committee, on the Tech Committee, and throughout the renovation responding to

whatever need arose - patient, curious, and calm. He had a wonderful knack in groups for posing big questions. A great smile, too.



John loved rowing on the lake. He and Janice lived a full life of travel, time in Charlestown and Bethesda, visits with his two children, the adventure of a puppy, and the art of baking Japanese milk bread.





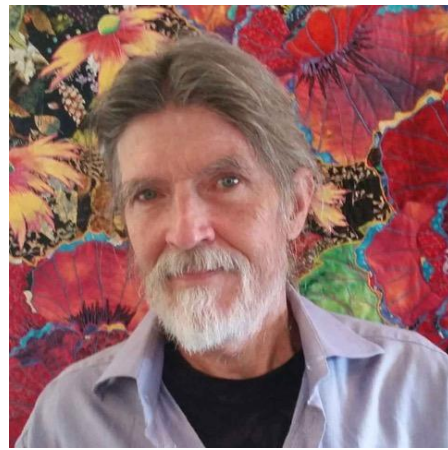
John enjoyed exploring his Japanese, Irish, and German heritage - his mother was Japanese, and he was "super proud of being Japanese." Dahlias amazed him.



A celebration of John's life will take place this fall, tentatively scheduled for the afternoon of Friday, October 11.

Celebration of Life: Kevin Connerton

The service for Kevin is scheduled for the afternoon of Friday, September 27.



Community Support Invites Ideas

We are pleased to announce that the Community Support Committee has expanded to three members, with Betsy Ginsberg and Kristen Porter joining Karen Papetti.

As we prepare to create the 2025 calendar of Special Collection recipients, we would love ideas and input from the congregation regarding non-profits with whom UUFES might partner. Please submit your ideas on this quick **form**. Feel free to recommend repeat visits from organizations we have brought in in the past as well as new ideas. We welcome everyone's ideas.

Seeking Weeding Help

We need help weeding the front and east gardens :-). Please email or text Bobbi Hoyt if you can help.

We would also like a couple more peeps on B&G. Let us know of your interest, questions. Thank you.



Contribution Envelopes

If you would like a cash contribution to be recorded as a gift or pledge to UUFES, you may use an envelope in the Sunday morning basket. Please write your name on the envelope. All gifts and pledges to UUFES will be acknowledged with a year-end tax letter.

Margaret Rieser Ordination

**Saturday, September 14, at 3 p.m.
101 Fairgrounds Rd, Plymouth, NH**

Rev. Lauren Smith will preach Margaret's ordination sermon. Director of Stewardship and Development at the Unitarian Universalist Association (UUA), Rev. Smith oversees the UUA's fundraising efforts, including Annual Program Fund contributions from member congregations.



Lauren's ties to Unitarian Universalism stretch back five generations. Her great great grandfather William Hazel was born a free black person in North Carolina and became a member of the First Parish in Cambridge after his family fled north prior to the Civil War. Her UU connections stretch into the future as well. She and her husband, the Rev. Chris Holton Jablonski, have three children who love the UU congregations in which they have grown up!

Lauren served as co-minister of South Church Unitarian Universalist in Portsmouth, NH from 2011 through 2018, along with her husband. She also served as assistant minister at the UU congregation in San Mateo, CA, and as an Island Minister of the Star Island Retreat Center.

Reminder: All are welcome to this celebratory event, as both UUFES and the Starr King UU Fellowship will co-ordain Margaret.

Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!



Book Group - Mondays at 10 in the Library

Zoom option: <https://uuma.zoom.us/j/104432872>

Aug. 26: *Miami and the Siege of Chicago: An Informal History of the Republican and Democratic Conventions of 1968* by Norman Mailer

Sept. 30: *The Chocolate War* by Robert Cormier

Oct. 28 : We will again join the One Book One Valley discussion, this year's book *The Road to Dalton* by Shannon Bowring.

Nov. 25: *A Man's Place*, by Annie Ernaux

On other Mondays, the group discusses what arises – drop-ins welcome!



Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

It is with a heavy heart that I offer this issue, dedicated to loss within our community.
Read Breathing Room Issue #58 [here](#).

Co-sponsored by UUFES & the Tamworth Community Nurse Association



Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/j/5022081578>

All are welcome every Tuesday to consider a poet's work.

Once again, we'll be joined by a poet in person as we discuss the work of poet and teacher Brian Evans-Jones. Born in Britain, he was Poet Laureate of the Hampshire region in 2012-13. In 2017, he won the Maureen Egen Writers Exchange Award from Poets & Writers in New York City. He now lives in Sharon, NH. He publishes free poetry learning resources at [The Poetry Place](#).

Beth Fox recommended that we contact him months ago, and at that time the first two successive Tuesday dates he had available were August 27th and September 3rd. And now the time has come!

Here is a link to the first poem we will discuss: "The Place of Spreading Rock."

Men's Group 3rd Wed, 2-4 p.m.

The Men's Group always welcomes transgender, nonbinary, and cisgender persons.



Paintings by Grace Ferguson. Thank you, Grace!

Women's Luncheon (cis, trans, non-binary inclusive)
1st Thursday, 12 noon - During the summer, at people's homes

Links to Recent Services

“A Ritual of Remembrance and Loss” -8/18

[https://uuma.zoom.us/rec/share/d41163dM6i4MWDSxlwArb4c-aDhKm9YY2GEC_SgBjwgvE_2MEEtvK2XaGP3dZelj.O8nx3iCxfrNRbRp5?](https://uuma.zoom.us/rec/share/d41163dM6i4MWDSxlwArb4c-aDhKm9YY2GEC_SgBjwgvE_2MEEtvK2XaGP3dZelj.O8nx3iCxfrNRbRp5?startTime=1723985835000)
startTime=1723985835000
Passcode: 7v?g&Fvk

“More Than A Juicy Peach” 8/11 - a 360-degree appreciation of the peach
For music copyright reasons, we do not have a public link to this service. Please contact Rev. Betsy if you would like the link for your own use.

Rev. Betsy Tabor:

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: revbetsytabor@gmail.com

Cell: 603-431-6693

UUFES Office: Danielle Mason works in the office 6-7 hours/week, mostly midweek afternoons. Becky Thompson works 2-3 morning hours/week to manage bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch correspondence to Rev. Betsy.

Using the Online Directory

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch member: <https://members.instantchurchdirectory.com>

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