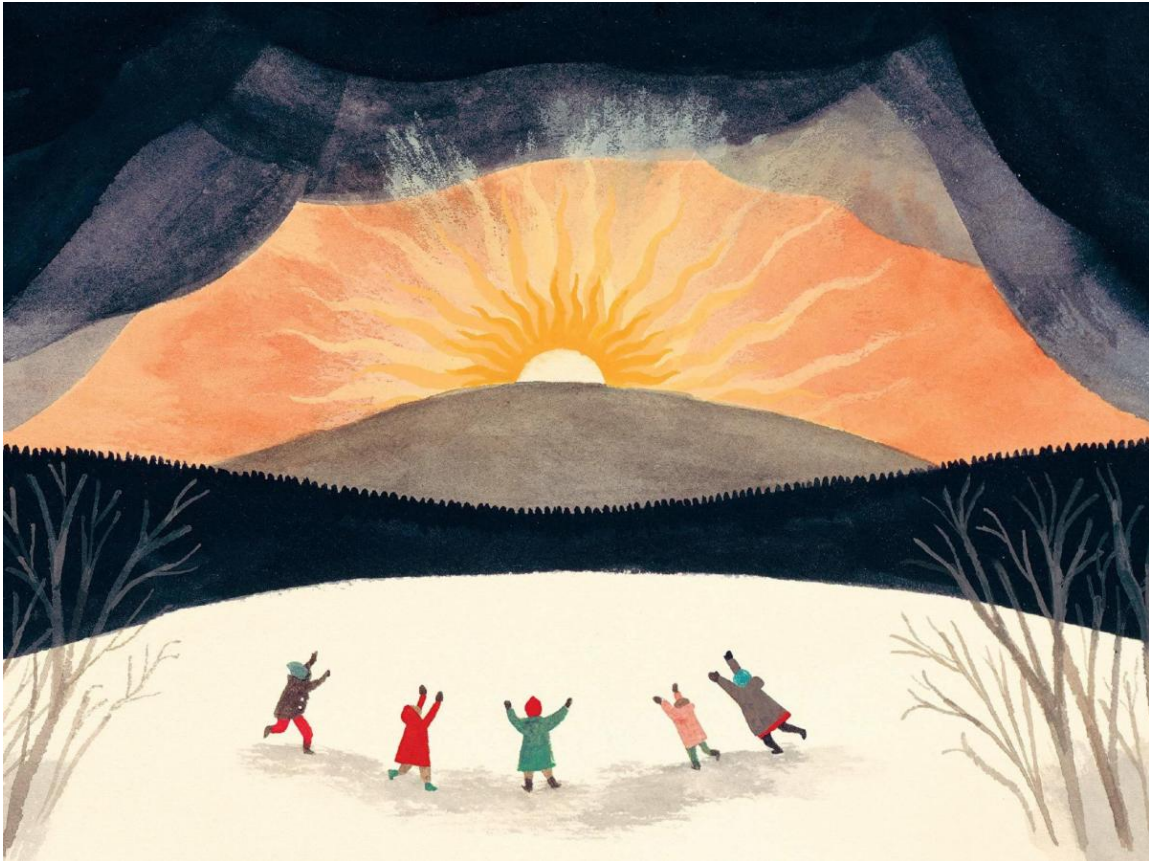




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# The Mail Pouch

WORSHIP: Sunday at 10 a.m.



*Illustration © 2019 by Carson Ellis/Candlewick Press*

## "The Coming of Light"

When light comes in the dark days of December - often in unexpected ways - we give thanks! This Sunday we honor the glow and warmth that we experience when light comes into our lives. Knowing that more light is coming soon helps us live into it.

**Young People's Program with Marion and Alice Posner**

*For this week's Coffee Hour, the 3rd Sunday of the month, last names M-R are invited to bring refreshments. Thank you!*

**Zoom service link: <https://uuma.zoom.us/j/92959299766>**

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## December Special Collection: Way Station

**THIS SUNDAY - December 15**

Way Station in North Conway supports homeless and housing-insecure MWV populations, collaborating with resources statewide and in Carroll Cty. Created in 2019 to fill a service gap, it targets basic day-to-day services to improve immediate quality of life and diminish suffering.



Way Station, a day-service center, offers basic items: laundry, gas, and phone cards; phones, a PO Box for mail pickup, food pickup, toiletries, showers, camping items, bedding, and clothing. It operates two days/week, by appointment Monday 10-2 and Thursday 10-4; drop-in Thursday 4-6; and in the Ossipee area one day/week (contact WS for details).

Donations go toward the Way Station 2024 Annual Appeal (for the general fund), either online at <https://waystation.networkforgood.com/projects/181715-general-giving> or by check to: Way Station, Attn: Karen Albert, PO Box 1888, North Conway, NH 03860. Thank you.

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## End-of-Year Service - Three Reflections, Please :-)

**December 29: "Looking to 2025"**

Appreciation to David Wilkins for the inspiring theme of this week's service.

Now we turn to the last service of 2024. What hopes and intentions do you bring to the new year? Please contact Rev. Betsy (off that Sunday) so that we can enjoy the season, knowing we have a plan in place :-)

## A Year of Special Collections

Appreciation to Karen Papetti who has headed up Community Support this year and to Betsy Ginsberg and Kristen Porter who have joined her - what a team! Appreciation, too, for Barbara Lubin, too, who shared in last week's Semi-Annual Meeting the organizations chosen this year as Special Collections recipients:

### **12/15/24 - Way Station NH - Karen Albert**

Provide safe, welcoming, non-judgmental space and supportive services for homeless & housing insecure residents of Mt Washington Valley.

### **11/17/24 - Tamworth Community Christmas Project - Donna Ulitz**

For thirty years, TCCP has helped keep Tamworth kids warm, providing them with new coats and boots so they can be active and comfortable in the winter.

### **10/20/24 - UUFES Heat Fund**

In lieu of an October Special Collection, the UUFES community is invited to contribute to a "heat fund" - not a fundraiser for UUFES, but a way to help members and friends pay heating bills this winter.

### **9/22/24 - NAMI NH - Michelle Wagner**

NAMI NH provides a safe and comfortable setting for people to share each other's pain and promote hope. "Together we are working hard to build a better tomorrow for our loved ones and for ourselves."

**[See the whole list here.](#)**

## Holiday Fair & Cookie Walk/Bake Sale Celebrate the Season

Appreciation for everyone who made the holiday fair and bake sale happen. The list is long, with special appreciation for HOPE who headed up the bake sale and cookie walk; for PAMELA, KATHY, AND ELLEN who lived at UUFES in the days leading up to the sale and created a beautiful display of holiday decor and gifts; for BARBARA who invited crafters and offered help wherever it was needed; for cashier JOHN BRADLEY and staffers ANNIE and PEACO; for greeters MARION and her elf friend; for set-uppers and cleaner-uppers (what a job!); and of course for EVERYONE who baked. It takes a village, and this village came together and welcomed in the world festively and warmly. Thank you!







## Pastoral Care Corner

**Eve Goss** is recovering from a bruising fall on the stairs, as she climbed the steps into her home Thanksgiving night. Please share your well wishes: 57 Wentworth Hill Road, Center Sandwich, NH 03227.



## Heat Fund Thank-you

Thank you so very much to the eight UUFESians who sent checks totaling \$1,775 for this winter's heat fund. Funds have gone out, greatly appreciated.



## Year End Staff Gifts

As 2024 comes to a close, we like to express our gratitude to our valued paid staff - a long-standing UUFES tradition, recognizing their service to us all year.

If you'd like to contribute a monetary gift, please





make your check payable to **Barbara Lubin** (noting Staff Gift). \* Barbara will distribute the total amount collected among our following Staff members as our appreciation of them:

Rev. Betsy Tabor  
Shana Aisenberg  
Marion Posner  
Alice Posner  
Danielle Mason  
Tom Posner  
Sandy Trask  
Caitroina Barclay

\*Please, no checks to UUFES due to tax implications. You may give or mail your check to Barbara - address in Directory.

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## Experience Kirtan - Sacred Chanting with Shana

**Postponed to Wednesday December 18 - 4:30 in Sanctuary**

We will explore chanting styles - e.g. Sufi, Jewish. No previous musical experience necessary. Donations gratefully accepted.

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**Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!**



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**Book Group - Mondays at 10 in the Library - No meeting December 23**

Zoom option: <https://uuma.zoom.us/j/104432872>

**Jan. 6:** *A Connecticut Yankee in King Arthur's Court* by Mark Twain

**Jan. 27:** *Demon Copperhead* by Barbara Kingsolver

**Feb. 24:** *The Guernsey Literary and Potato Peel Society* by Mary Ann Shaffer and Annie Barrows

On other Mondays, the group discusses what arises – drop-ins welcome.

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## Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

"I have a little statue of St. Francis to remind me that humility is the vehicle for service. Another is of Archangel Michael to encourage fortitude when the "demons" rummaging around in my head get out of hand. Ganesh reminds me that no problem is unsolvable and the little statues of Buddha here and there, each reflecting a different face of contemplation. But the ones my eyes track to most often are images of The Way Shower reminding me to be kind and compassionate with myself as I come to terms with the impermanence of my own experience."

Read Breathing Room Issue #74 [here](#).

*Co-sponsored by UUFES & the Tamworth Community Nurse Association*

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## Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/s/5022081578>

All are welcome every Tuesday to consider a poet's work. Again next week, a poem from the National Poet Laureate Ada Limón: "Dead Stars." It begins:

*"Out here, there's a bowing even the trees are doing.*

*Winter's icy hand at the back of all of us.*

*Black bark, slick yellow leaves, a kind of stillness that feels  
so mute it's almost in another year."*

To receive a reminder Tuesday morning, please contact David Wilkins.

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*Thanks to Danielle for this week's wintry images  
including this from the Christmas Tree Lighting outside UUFES on 12/1.*

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## **Men's Group - 3rd Wed, 2-4 p.m. Resuming January 15**

We will discuss the longstanding theme, "This I Believe," for its own sake and in preparation for a Sunday service that the Men's Group will lead sometime in the new year. Zoom link and other details tba.

The Men's Group always welcomes transgender, nonbinary, and cisgender persons

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## **Women's Lunch Group (cis, trans, non-binary inclusive) 1st Thursday, 12 noon - UUFES Library unless otherwise noted**

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### **Links to Recent Services**

"Peace in my Heart" 12/8 - Reckoning with Israel/Palestine, racial justice  
<https://uuma.zoom.us/rec/share/HssIuFZOmqH7fWH0eDffWawzHQDGeuXkPZZFjiWNrtCsCnNu29V7nfY2GW8sEdZ.GqrRHNUO1r6QPzmH?startTime=1733667524000>  
Passcode: Y\$w!3\$=S

"We Are the World" - 12/1 Honoring World AIDS Day

**Read reflections by Jorge, Peaco, and Kristen here.**

For music copyright reasons, we do not have a public link to this powerful service. Please don't hesitate to contact Rev. Betsy to receive a link for your own use.

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### **Important Dates:**

**Tuesday, December 24:** Multicultural Christmas Eve service at 4 p.m.

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#### **Rev. Betsy Tabor:**

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: [revbetsytabor@gmail.com](mailto:revbetsytabor@gmail.com)

Cell: 603-431-6693

**UUFES Office:** Danielle works in the office two midweek afternoons. One morning/week, Becky Thompson manages bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch correspondence to Rev. Betsy.

#### **Using the Online Directory**

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch member:

<https://members.instantchurchdirectory.com>



Office 603-323-8585  
UUFES WEBSITE LINK: [www.uufesnh.com](http://www.uufesnh.com)



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