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# The Mail Pouch

WORSHIP: Sunday at 10 a.m.



*"Brown Bear Cubs Playing" by Mark Hunter*

## "The Game of Life"

Is life a game that we win or lose? Do we get better at it with practice? And what would winning look like?

Sure, sometimes we need a winner and a loser. And other times, we just keep on playing - consider relationships, studying, careers, or how what matters the most evolves. Some games are a piece of cake - this one is complex!

**Young People's Program with Marion and Alice Posner**

*For this week's Coffee Hour, the 1st Sunday of the month, last names A-F are invited to bring refreshments. Thank you!*

**Zoom service link: <https://uuma.zoom.us/j/92959299766>**

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## John Frenz: Celebration of Life

Friday, October 11, at 2:30

We will gather in sorrow and in gratitude for the life of John Frenz next Friday afternoon. John had many friends in the area, so help setting up and offering hospitality would be warmly appreciated.

If you can bring cookies or salty snacks or flowers, or if you can help in person, please indicate on the sign-up sheet this Sunday or let Rev. Betsy know.

Seeking help:

- 1st Floor: set up tables, tablecloths, chairs
- Sanctuary: set up chairs
- Flowers
- Cookies
- Savory finger food: nuts, frittata
- Cider
- Make coffee, set out tea, milk/sugar
- Clean-up

Thank you!



## Pastoral Care Corner

**Nancy Byrd** expects to return home this coming Monday. In hospice care, she looks forward to playing the piano, continuing to research Hodgkin's Lymphoma, and enjoying looking out the window. Family is all around - visiting yesterday were her sister from England and Dick's brother and wife from Virginia.

## Celebrating Kevin Connerton



The celebration of Kevin's life began with 15 minutes of slides and gathering music by Phish and ended with the Grateful Dead's "Ripple." His sister Maura and brother Chris recalled pranks from childhood and beyond. Mike from the Men's Council, which meets on the full moon and practices Native American study, shared Kevin's knack for humor in town conservation meeting minutes. Also: "Kevin is now flying with the great spirits of the upper world..." He and others led a Native song. Margaret, Mark, and Grant presented readings. Kathy Bird performed her poem "The Unfurling," Moria shared a remembrance.

A Freedom neighbor had wondered who might show up for the service - the people of UUFES, the town of Freedom, and the Men's Council filled the sanctuary. Kevin's brother rejoiced in Kevin's New Hampshire family.



*During the reception, friends gathered around the butternut tree, smudging it and one another. Others closed out the day, scattering ashes there.*





*Portrait by Freedom artist Peg Scully*

Order of service [here](#). For music copyright reasons, the link is not published. Contact Rev. Betsy to receive it for your own use.

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**Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!**



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**Book Group - Mondays at 10 in the Library**  
Zoom option: <https://uuma.zoom.us/j/104432872>

**Oct. 28** : We will again join the One Book One Valley discussion, this year's book *The Road to Dalton* by Shannon Bowring. Please note that the conversation with the author (Conway Majestic Theater) takes place Thursday, Oct. 24, at 7. *The One Book One Valley website has more info and livestream link.*

**Nov. 25:** *A Man's Place*, by Annie Ernaux

On other Mondays, the group discusses what arises – drop-ins welcome.

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## Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

"I decided to take meditation seriously when I came to the realization that I didn't find myself in trouble (suffering) every time I thought, but every time I found myself suffering, I had been thinking."

Read Breathing Room Issue #64 [here](#).

*Co-sponsored by UUFES & the Tamworth Community Nurse Association*

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## Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/j/5022081578>

All are welcome every Tuesday to consider a poet's work. Again next week, the group will read a Henry Wadsworth Longfellow poem: "Children." Thank you to Cindy Edmondson for this suggestion. To receive a reminder Tuesday morning, please contact David Wilkins.

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## Men's Group - WEDNESDAY, OCTOBER 23, 2-4

Topic: Whither UUFES? Rev. Betsy has announced her retirement by the end of June. Thus, what is the state of UUFES now? How is the Fellowship healthy? What might we be doing that we are not doing? What must we do to guarantee UUFES's well-being right now? What might be fixed that is fixable? What is the mission of the Fellowship?

The Men's Group always welcomes transgender, nonbinary, and cisgender persons.

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## Women's Lunch Group (cis, trans, non-binary inclusive)

**1st Thursday, 12 noon - UUFES Library unless otherwise noted :-)**

Today at Eleanor Jenkins's home. Thank you, Eleanor!

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## Links to Recent Services

"Sacred Places & Spiritual Spaces" 9/29 - with Betsy Ginsberg, Meredith Morten, and David Wilkins

[https://uuma.zoom.us/rec/share/Ukl51x7OrAleRcrU1rbgCHQso26DiWQfgvqt0qHWNjSyUI56cquNjwIVomv9X9GW.L\\_m-nRobHnvzeMZs?](https://uuma.zoom.us/rec/share/Ukl51x7OrAleRcrU1rbgCHQso26DiWQfgvqt0qHWNjSyUI56cquNjwIVomv9X9GW.L_m-nRobHnvzeMZs?startTime=1727615250000)

startTime=1727615250000

Passcode: %0?bJsM8

"In-Between Times" 9/22 - the thrill of aliveness at the fall equinox  
[https://uuma.zoom.us/rec/share/HQRsAf71CZ8AoWA3oosMl9o9TGUtp5ejHDELWj6OWTL4ExtGMzWiAGtrx2UgCHQL.oA2ze2Z3Hv\\_zOyeV?](https://uuma.zoom.us/rec/share/HQRsAf71CZ8AoWA3oosMl9o9TGUtp5ejHDELWj6OWTL4ExtGMzWiAGtrx2UgCHQL.oA2ze2Z3Hv_zOyeV?startTime=1727009821000)  
 startTime=1727009821000  
 Passcode: T#bIk98T

## UUFES Calendar - October 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 4 Poetry - Zoom 4:30 Meditation	2 4:30 Chanting	3 12 Women's Group 4:30 Meditation	4	5 9-12 UUSED
6 10 Service	7 10 Book Group	8 9:30 Gov. Board 4 Poetry - Zoom 4:30 Meditation	9	10 4:30 Meditation	11 2:30 John Frenz Service	12 9-12 UUSED
13 10 Service	14 10 Book Group	15 4 Poetry - Zoom 4:30 Meditation	16	17 4:30 Meditation	18	19 9-12 UUSED 1:30 Cidering Day
20 10 Service	21 10 Book Group	22 4 Poetry - Zoom 4:30 Meditation	23 2 Men's Group	24 4:30 Meditation	25	26 9-12 UUSED
27 10 Service	28 10 Book Group	29	30	31		

Please email the UUFES Office with calendar additions/edits.



# CIDERING DAY 2024

AT THE JENKINS' UPLANDS APPLE FARM  
SATURDAY AFTERNOON, OCTOBER 19th



STARTING AT 1:30 PM

**"CIDER BY THE GALLON"**

*DONATIONS TO SUPPORT LOCAL FOOD PANTRIES*

*THE APPLE CROP IS SMALL THIS YEAR, SO AMOUNTS MAY BE LIMITED*

TO RESERVE YOUR ORDER, PLEASE EMAIL

[ebtjenkins@gmail.com](mailto:ebtjenkins@gmail.com)

381 TOWLE HILL ROAD, SOUTH EATON

2.1 MILES UP HORSE LEG HILL RD., OFF RT. 153 AT PURITY SPRING RESORT

CONTINUE ON TOWLE HILL RD. PAST THE SOUTH EATON MEETING HOUSE

TO #381 ON YOUR LEFT OPPOSITE THE HANGING MAILBOX

CELL PHONE: 603-986-5968 (Service resumes uphill as you approach my farm.)

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**Correction:** Shana's Kirtan takes place the first Wednesday of the month at 4 p.m. Apologies for last week's error.

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## **Rev. Betsy Tabor:**

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: [revbetsytabor@gmail.com](mailto:revbetsytabor@gmail.com)

Cell: 603-431-6693

**UUFES Office:** Danielle works in the office two midweek afternoons. One morning/week, Becky Thompson manages bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch

correspondence to Rev. Betsy.

### Using the Online Directory

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch

member: <https://members.instantchurchdirectory.com>

Office 603-323-8585  
UUFES WEBSITE LINK: [www.uufesnh.com](http://www.uufesnh.com)



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