



The Mail Pouch

WORSHIP: Sunday at 10 a.m.



*In October 2020, the UUFES congregation planted this butternut tree
in honor of local Indigenous peoples past and present.*

"Indigenous People's Sunday"

Come celebrate Indigenous People's Day. Weather permitting, we'll stroll down to the Indigenous Grove for part of the service.

Young People's Program with Marion and Alice Posner

For this week's Coffee Hour, the 2nd Sunday of the month, last names G-L are invited to bring refreshments. Thank you!

Zoom service link: <https://uuma.zoom.us/j/92959299766>

John Frenz: Celebration of Life **TOMORROW at 2:30**

Tomorrow, we will celebrate the life of John Frenz. John had many friends locally and in Boston, so we expect a full sanctuary. Help with hospitality would be warmly appreciated.

We're in good shape on flowers. Peggy will set up coffee/tea. Lew and Eleanor are bringing cider. The Prillamans set up tables/chairs upstairs and down this morning. Betty and Tino will set up Janice's slideshow for the reception. Kim and the Papettis have also volunteered to help.

As of this writing, four people have signed up to bring savory finger-foods. Two more are bringing cookies - **Who's in the mood to bake? Please consider bringing a plate of goodies :-)**

Also, if you can help with greeting guests or operating the lift - please send a note to uufesoffice@gmail.com. Or just show up :-) Thank you.



Fashion and Dahlias

According to his partner Janice, John had "a diverse, if sometimes quirky fashion sense." Regardless of whether you are attending the celebration in person or by zoom, she suggests, if you are so inclined, camera on or camera off, that you wear something red, John's favorite color. If you are feeling bold, a Hawaiian shirt would be appropriate. If you want to be on the cutting edge of fashion,

she says to dig out of the back of the closet a two-piece track suit. Janice has

promised to tell us about the track suit during the service. "Whatever you choose, wear something that brings you joy."

Janice has also asked that we bring dahlias to the service, if our gardens still have them blooming. John was fascinated by dahlias. Janice: "The bounty from your garden would be a lovely remembrance."



Pastoral Care Corner

Love to **Ricky Banderob**, just out of Beth Israel Hospital as she recovers from pneumonia and Covid. She and John will remain in Watertown for a while as she rests and looks forward to regaining her strength. For good wishes, the NH address is: 22 Frog Pond Road, Sandwich, NH 03227.

Come sign the butterfly card tomorrow (thank you, Peggy) for **Nancy Byrd** - on Rev. B's desk.

Help on the Way to Florida

This afternoon Pammi Helm, Kathy Bird, and Pamela Ambrose sent off a load of items from UUsed for people in the path of Hurricane Milton. Clothing, shoes, pet gear, kitchen goods, an industrial fan, and teddy bears are now en route to Florida via a hurricane helper who's about to leave NH from Laconia.



UUFES Spookus

Might there be a playful spook living inside you? How about a werewolf, clown or princess?

Want there to be? Then grab your costume (or not) and join us and the town of Tamworth in celebrating Halloween Thursday, October 31 from 5:30 -7.

Too early to think about it, you say. Actually, we are all set with candy (thanks to the Banderobs) but after losing the braun and technical wizardry of John Frenz and Kevin Connerton (not to mention their endearing spirits), we are in need of helpers for set-up at 4:30, staffing the table, and dismantling at 7.

Why not try your hand at reading cards, being a fortune teller or story teller for the kids? Come for an hour, come for the whole enchilada. Or should I say pumpkin? Do let us know if you can help out— Barb Bald and Bobbi Hoyt

would love to have you—dressed or not...oops, that didn't sound quite right-
Barb Bald



UUUsed In Business through October

Can you help?

Two volunteer slots remain open:

Sat Oct 12, 10:30

Sat Oct 26, 10:30

UUUsed volunteers make so very much happen. Come to think of it, they make everything happen :-). Thank you!

Worship Planning in the New Year

The UUA Transitions Office tells us that “contract ministers” tend to start serving August 1. (That's the norm, while it's true that a congregation and minister *can* arrive at earlier agreement and start date.) You'll recall that, in addition to giving us a generous six-month notice of her retirement, Rev. Betsy also offered to stay through June 30 if she preaches twice a month in the new year (instead of three times) and others coordinate the services on her Sundays off.

This means that we, the people of UUFES, will plan two services/month from January to July. On some Sundays, UUFES groups will be recruited to create services (the Book Group, the Poetry Group, the Men's Group). On other Sundays, members will come forward with great ideas. And on other Sundays,

guests will lead the service.

Ideally, a team of 2-3 people will plan these services. Interested? Please contact Barbara Lubin and Rev. Betsy. We'll help you learn what you need to know :-)

Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!



Book Group - Mondays at 10 in the Library

Zoom option: <https://uuma.zoom.us/j/104432872>

Oct. 28 : We will again join the One Book One Valley discussion, this year's book *The Road to Dalton* by Shannon Bowring. Please note that the conversation with the author (Conway Majestic Theater) takes place Thursday, Oct. 24, at 7. *The One Book One Valley website has more info and livestream link.*

Nov. 25: *A Man's Place*, by Annie Ernaux

On other Mondays, the group discusses what arises – drop-ins welcome.



Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

"I've come to believe that if people weren't afraid of death, most of their suffering would dissolve, because every fear seems, at its bottom, to have its roots in the fear of death."

Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/j/5022081578>

All are welcome every Tuesday to consider a poet's work. The next two weeks, we will explore poems by MARY OLIVER. Woo hoo! Next week the group will read her poem "August." Thank you to Lew Prillaman for this suggestion. To receive a reminder Tuesday morning, please contact David Wilkins.

August

By Mary Oliver

When the blackberries hang
swollen in the woods, in the brambles
nobody owns, I spend
all day among the high
branches, reaching
my ripped arms, thinking
of nothing, cramming
the black honey of summer
into my mouth; all day my body
accepts what it is. In the dark
creeks that run by there is
this thick paw of my life darting among
the black bells, the leaves; there is
this happy tongue.

Men's Group - WEDNESDAY, OCTOBER 23, 2-4

Topic: Whither UUFES? Rev. Betsy has announced her retirement by the end of June. Thus, what is the state of UUFES now? How is the Fellowship healthy? What might we be doing that we are not doing? What must we do to guarantee UUFES's well-being right now? What might be fixed that is fixable? What is the mission of the Fellowship?

The Men's Group always welcomes transgender, nonbinary, and cisgender persons.

Women's Lunch Group (cis, trans, non-binary inclusive)

1st Thursday, 12 noon - UUFES Library unless otherwise noted :-)



Thanks to Barbara Bald for her autumnal images.

Links to Recent Services

"The Game of Life" 10/6 - about the Middle East and play

<https://uuma.zoom.us/rec/share/rsUAE3zOYgzDyjBYO7gofc4CXghZ8RZ5Ce8PFzh6zpEGSAHe5om6FGzmk4SZIipg.LnY6qK-K-4xs3kOB?>

startTime=1728221021000

Passcode: vQkX76%

For copyright reasons, this recording does not contain the postlude.

"Sacred Places & Spiritual Spaces" 9/29 - with Betsy Ginsberg, Meredith Morten, and David Wilkins

https://uuma.zoom.us/rec/share/Ukl51x7OrAleRcrU1rbgCHQso26DiWQfgvqt oqHWNjSyUI56cquNjwIVomv9X9GW.L_m-nRobHnvzeMZs?

startTime=1727615250000

Passcode: %o?bJsM8

CIDERING DAY 2024

AT THE JENKINS' UPLANDS APPLE FARM
SATURDAY AFTERNOON, OCTOBER 19th



STARTING AT 1:30 PM

"CIDER BY THE GALLON"

DONATIONS TO SUPPORT LOCAL FOOD PANTRIES

THE APPLE CROP IS SMALL THIS YEAR, SO AMOUNTS MAY BE LIMITED

TO RESERVE YOUR ORDER, PLEASE EMAIL

ebtjenkins@gmail.com

381 TOWLE HILL ROAD, SOUTH EATON

2.1 MILES UP HORSE LEG HILL RD., OFF RT. 153 AT PURITY SPRING RESORT

CONTINUE ON TOWLE HILL RD. PAST THE SOUTH EATON MEETING HOUSE

TO #381 ON YOUR LEFT OPPOSITE THE HANGING MAILBOX

CELL PHONE: 603-986-5968 (Service resumes uphill as you approach my farm.)

Important Dates:

Friday, October 11, at 2:30: Celebration of Life of John Frenz

Zoom link: <https://uuma.zoom.us/j/94858049038>

Saturday, October 19, at 1:30: Cidering at Eleanor's farm

Saturday, November 2, at 1: Fall Clean-up

Rev. Betsy Tabor:

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: revbetsytabor@gmail.com

Cell: 603-431-6693

UUFES Office: Danielle works in the office two midweek afternoons. One morning/week, Becky Thompson manages bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch correspondence to Rev. Betsy.

Using the Online Directory

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch member: <https://members.instantchurchdirectory.com>

Office 603-323-8585
UUFES WEBSITE LINK: www.uufesnh.com



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