



The Mail Pouch

WORSHIP: Sunday at 10 a.m.



“What the World Needs Now is Love, Sweet Love”

With Rev. Marz Rieser

Through the lens of maple syrup-making, we remind ourselves of our love for this beautiful world, which presents an opportunity for renewal and an antidote to despair.

Young People's Program with Marion and Alice Posner

For this week's Coffee Hour, the 4th Sunday of the month, last names S-Z are invited to bring refreshments. Thank you!

Zoom service link: <https://uuma.zoom.us/j/92959299766>

Notes from the Governing Board

Discussion Opportunities. Many UUFESians have expressed interest in meeting to share thoughts, feelings, and resources regarding current threats to civil rights at home and aid abroad. Depending on the response, the Board will arrange up to three meeting times, Zoom-only or in person at UUFES with a Zoom option:

Monday or Wednesday 5:00. or later
Tuesday or Thursday 5:30 or later
Monday, Wednesday or Thursday afternoon

Please relay your interest/time preferences to Lew Prillaman or Barbara Lubin, who will accommodate as best they can.

Helping with Young People's Program. Alice and Marion would appreciate a few more volunteers to join them downstairs after the Time for All Ages when we have children in attendance. No experience needed. Please call/email Betsy Loughran if interested.

The Governing Board (contact info in directory)



Thank You, Early Birds!

The annual pledge drive is off to a promising start. Nine pledges/gifts have come in from eleven UUFES members and a friend, totaling \$25,385. Everyone's contribution helps fund the day-to-day operations of UUFES.

The fiscal year begins July 1, and the outcome of the pledge drive will determine the scope of the year's budget. Thank you for considering what UUFES means to you and the local community - and for giving generously.

“The only thing you take with you when you're gone is what you leave behind.” - - John Allston

For more information on planning your legacy, visit:

<http://uufesnh.com/legacy>

This message is brought to you by the Finance Committee



March Special Collection - March 30

Our March Special Collection will benefit Smooth Feather, a non-profit based in rural Maine with a mission to empower youth and community through filmmaking. Based in a historic 1880s theater in Kezar Falls, Smooth Feather brings youth together throughout the year to make a wide variety of films that reflect their struggles and dreams as teenagers living in rural Maine. The organization provides a safe place for young people to be vulnerable, share about the difficulties in their lives, and find a common connection with others while making films.

On March 30, we will welcome Smooth Feather's founder and executive director, Silas Hagerty, at our service. Meanwhile, to donate online, the secure link is: <https://www.smoothfeather.com/support>. Or send a check to Smooth Feather, P.O. Box 6, Parsonsfield, ME 04068. Thank you.



Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!



Book Group - Mondays at 10 in the Library

Zoom option: <https://uuma.zoom.us/j/104432872>

Mar. 31: *Susan, Linda, Nina, and Cokie: The Extraordinary Story of the Founding Mothers of NPR* by Lisa Napoli

Apr. 28: *Stuck in the Middle with You: A Memoir of Parenting in Three Genders* by Jennifer Finney Boylan

May 26: *The Lioness of Boston: A Novel* by Emily Franklin

June 30: *Huckleberry Finn* by Mark Twain

July 28: *Beautiful Country* by Qian Julie Wang

On other Mondays, the group discusses what arises – drop-ins welcome.

Men's Group - 3rd Wed, 2-4 p.m. NEXT: April 16

April meeting at Dick Byrd's house with a Zoom option. Details to follow.

Contact Jorge Dominguez to receive meeting details. Men's Group always welcomes transgender, nonbinary, and cisgender persons.



Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/j/5022081578>

Soon...the first warm rainy night of spring, frogs, salamanders, and toads hop and wriggle across roads on the way to vernal pools - "Big Night." The next two weeks' poems center the lowly turtle, not a fellow amphibian, but one who likewise often appears on the road in search of a nesting place - Rev. Betsy's

suggestion. All are welcome every Tuesday to consider a poem. To receive a reminder Tuesday morning, please contact Barb Bald.

Turtle in the Road

By Faith Shearin

It was the spring before we moved again, a list of what we must do on the refrigerator, when my daughter and I found a turtle in the road. He was not gentle or shy, not properly afraid of the cars that swerved

around his mistake. I thought I might encourage him towards safety with a stick but each time I touched his tail he turned fiercely to show me what he thought of my prodding. He had a raisin head, the legs of

a fat dwarf, the tail of a dinosaur. His shell was a deep green secret he had kept his whole life. I could not tell how old he was but his claws suggested years of reaching. I was afraid to pick him up, afraid of the way

he snapped his jaws, but I wanted to help him return to the woods which watched him with an ancient detachment. I felt I understood him because I didn't want to move either; I was tired of going from one place

to another: the introductions, the goodbyes. I was sick of getting ready, of unpacking, of mail sent to places where I used to live. At last I put my stick away and left him to decide which direction was best.

If I forced him off the road he might return later. My daughter and I stood awhile, considering him. He was a traveler from the time of reptiles, a creature who wore his house like a jacket. I don't know

if he survived his afternoon in the road; I am still thinking of the way his eyes watched me go. I can't forget his terrible legs, so determined to take him somewhere, his tail which pointed behind him at the dark spaces between the trees.



Thanks to Deborah Guryn for her four seasons of images!

Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

"Notice how often the word "rest" comes up in this instruction? This is a very restful practice."

Read Breathing Room Issue #88 [here](#).

Co-sponsored by UUFES & the Tamworth Community Nurse Association

Women's Lunch Group (cis, trans, non-binary inclusive)

1st Thursday, 12 noon - UUFES Library

Links to Recent Services

"What the UUFES Book Group is Reading" - 3/16/25

"Where We All May Grow and Thrive" - 3/9/25 About the gardens of UUFES

For music copyright reasons we do not have a public link to these services, but Rev. Betsy will gladly send you a link for your own use.

Rev. Betsy Tabor:

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: revbetsytabor@gmail.com

Cell: 603-431-6693

UUFES Office: Danielle works in the office two midweek afternoons. One

morning/week, Becky Thompson manages bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch correspondence to Rev. Betsy.

Using the Online Directory

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch member:

<https://members.instantchurchdirectory.com>

Office 603-323-8585
UUFES WEBSITE LINK: www.uufesnh.com



Unitarian Universalist Fellowship of the Eastern Slopes | PO Box 474 | Tamworth, NH 03886
US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!