



The Mail Pouch

WORSHIP: Sunday at 10 a.m.



“Swirl Around Chocorua” by Grace Ferguson

"Grounding Comfort"

When anxiety infuses daily life like a thick, close-to-the-ground cloud, comfort arrives in all forms. Let us give thanks.

Young People's Program with Marion and Alice Posner

For this week's Coffee Hour, the 3rd Sunday of the month, last names M-R are invited to bring refreshments. Thank you!

Zoom service link: <https://uuma.zoom.us/j/92959299766>

October Collection:
UUFES Heat Fund



Helping each other this winter

We have begun to feel the chill of winter. While some UUFESians will be warm this year – displeased by the cost but able to pay – others will struggle to pay fuel and electricity bills. Members of our fellowship family are looking at budget cuts to keep their houses warm.

In lieu of an October Special Collection, the UUFES community

is invited to contribute to a "heat fund" - not a fund raiser for UUFES, but a way to help members and friends pay heating bills this winter. **Monies donated will operate within the Minister's Discretionary Fund (MDF).**

We had a successful "heat fund" drive in 2022. In November and December, sixteen UUFESians contributed gifts of all sizes for a total of \$5,495, disbursed in the new year:

2 - \$1,000
5 - \$500
1 - \$300
1 - \$120
4 - \$100
1 - \$75
2 - \$50
\$5,495

If you would appreciate heating assistance this year, please let Rev. Betsy know.

If you would like to donate heat to a fellow UUFESian, **please send a check today made out to UUFES MDF, with "Heat" in the memo.** Address: UUFES, Box 474, Tamworth NH 03886. The goal is to create a fund of \$6,000 quickly. Together, we'll see each other through the winter. - Rev. Betsy



Ministerial Search Team in Place

What is important to you as UUFES searches for our next minister?

The Governing Board has appointed a team to head up the search for our next minister: Grace Ferguson (chair), Barbara Bald, Kim Hamel, Kelsey Schroeder, and David Wilkins. Thank you to these UUFESians for saying yes!

The Search Team will first assemble info about UUFES to share with ministers in search. Then they will conduct interviews. The goal is to hire a minister on a contract basis for 1-3 years (renewable annually) to start in the summer - ideally someone with interim experience.

In the spirit of an open and inclusive search process, UUFES members and friends are invited to Cottage Meetings to provide input to the Search Team as it creates our "Congregational Record" - the document that introduces potential ministerial candidates to UUFES.

Good-sized groups that meet regularly (Book, Poetry, Men's - about 25 people in all) will be asked to make time to participate in the process. In addition, UUFESians can join a Zoom meeting so that everyone participates in this conversation.

Please sign up right now for one of these hour-long meetings. Send an email to uufesoffice@gmail.com (you will receive a reminder and zoom link the day of the meeting). Please arrive a few minutes early, as the meetings will start promptly - drop-ins welcome, too. The link is <https://uuma.zoom.us/j/5022081578> (same as for Poetry):

Book Group 11/4 at 10 am
Poetry Group 10/22 at 4 pm
Men's Group 10/23 at 2 pm

Other opportunities/Zoom:
Tues 10/22 at 10 am
Wed 10/23 at 5 pm

Before the meeting, please think about these questions:

1. *What brought you to UUFES, and what keeps you coming?*
2. *What ministerial functions/responsibilities are most important to you?*
3. *What do you appreciate and what would you like to see more of in Sunday services?*
4. *What qualities do you value in a minister?*

Your presence matters. Your point of view matters. The more who participate, the better informed our path will be.

~ With love for this mighty village from your Governing Board

Barbara Lubin (President), Lew Prillaman (VP), Betsy Loughran (Secretary), Andrea Boyer, Grace Ferguson, Peaco Todd, and Rev. Betsy (ex officio)

Young People's Program

On Indigenous People's Day weekend, Alice shared about Abenaki words and culture and told a creation story of Native people in this area - in which humans, originally made from stone, were re-made to be more flexible, more soft, more feeling. You can listen to this telling in Abenaki here:



We also talked about what a land acknowledgement is and started to think about what we might do around this.

Celebrating John Frenz

Again, love filled the UUFES sanctuary a week ago as we celebrated the life of John Frenz. Family, friends, and colleagues reminisced about John's gifts, his character, and his accomplishments.

John's nephew Tom sang "California Stars," Shana performed the blues song "Stormy Monday," and Rev. Mary's Silver Lake Singers, encircling the room, sang. John's partner Janice and his brother and wife, nephews and nieces all arrived in track suits - Janice explained: "John was enamored of track suits." The flashier, the better, she's said (see angel photo).

The Meeting House filled up with flowers and refreshments - thanks to all who helped in so many ways.

Note: Order of Service [here](#). Please contact Rev. Betsy for a link to the Zoom recording. (For music copyright reasons, the link is not published.)



*John's brother-in-law (shorts), brother (4th from right),
sister-in-law (mauve), nephews. and nieces*



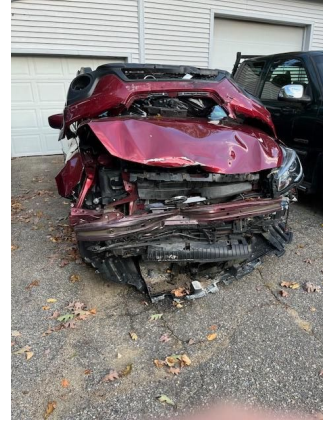
Pastoral Care Corner

The week before last, **Barbara Bald** weathered a perilous car accident in Rochester. The good news is that she walked away and managed to find a pre-owned Subaru CrossTrek this week. And...she's open to hellos! Her address is: 21 Finethy Road, Alton, NH 03809.

Ricky Banderob is home, gaining strength. Her address is: 22 Frog Pond Road, Sandwich, NH 03227.

Betsy Loughran is recovering from a total knee replacement this week. Her address is: 2144 Chinook Trail, Wonalancet, NH 03897.

Ann Wilkins expects to be home today after a day and a half at Huggins this week. Her address is: 1005 East Shore Drive, Silver Lake, NH 03875.



"Fall Beauty" - Sandra Carr

**Spookus is Moving Along! Seeking Volunteers....
Tuesday, October 31**

On Halloween, the whole village is celebrating! Spookus planners will need help with booth setup, decorating, and takedown. We will set up from 3-5 p.m. and take down at 7:30 p.m. Costumes optional and fun!

Please notify Barb Bald or Bobbi Hoyt if you can help even for a short time.



Last year, we ran out of candy not once but twice! Neighbors bailed us out both times. Please, pick up a bag or two - maybe this year we'll be the helpers :-)





Fall Afternoon Clean-Up

Saturday, November 2, from 1-3 p.m.

It's time to prepare our campus for its winter slumber – gathering leaves, cutting back perennials, putting equipment in storage, etc. Please join the Building & Grounds Committee (B&G) and your fellow UUFESians for our fall clean-up. Bring your garden/lawn tools and join in. Thank you!





Worship Planning in the New Year

Time to assemble a small team

"Contract ministers" tend to start serving August 1. Rev. Betsy has offered to stay through June 30, preaching twice a month in the new year (instead of three times).

We need a small team to coordinate the services on her Sundays off. Groups (the Book Group, the Poetry Group, the Men's Group) will be asked to create a service; UUFESians will lead services with great ideas; and guest speakers will, too.

Interested? Please contact Barbara Lubin and Rev. Betsy. We'll help you learn what you need to know :-)

Gazebo Progress

Ed Ambrose and helpers have begun preparing the pad for the new UUsed gazebo.





Last night my daughter, grandson and I went to Cedar Beach to see if we could see the Tsuchinshan-ATLAS comet [which] hasn't been seen from earth in over 80,000 years!.... It was amazing! Now my grandson, Lincoln, can say he saw this comet on his birthday!
-Deborah Guryn

Every UUFES group and every UUFES ministry is cis, trans, and non-binary inclusive. All are warmly welcome!



Book Group - Mondays at 10 in the Library

Zoom option: <https://uuma.zoom.us/j/104432872>

Oct. 28 : We will again join the One Book One Valley discussion, this year's book *The Road to Dalton* by Shannon Bowring. Please note that the conversation with the author (Conway Majestic Theater) takes place Thursday, Oct. 24, at 7. *The One Book One Valley website has more info and livestream link.*

Nov. 25: *A Man's Place*, by Annie Ernaux

On other Mondays, the group discusses what arises – drop-ins welcome.



Tamworth Meditation Group - Tues/Thurs 4:30 in the Sanctuary

"In the coming and going of recent days, there was one day that stood out from the rest. Within it was a gathering of people to honor the memory of someone who drew our attention away from our personal issues; who made a difference, who was a friend, a relative, a lover; who exemplified integrity and intellectual curiosity and who could cut through the gloom of our day with a smile. The gathering was ceremonial in nature with a beginning and an end, but more importantly, it gave participants an opportunity to be in a safe place, to get out of their heads momentarily and focus on something other than their daily suffering. " Read Breathing Room Issue #66 [here](#).

Co-sponsored by UUFES & the Tamworth Community Nurse Association

Poetry Group - Tuesday at 4 (Zoom)

<https://uuma.zoom.us/j/5022081578>

All are welcome every Tuesday to consider a poet's work. Next week, the group will again explore a poem by Mary Oliver: "Stories." Thank you to Lew Prillaman for this suggestion. To receive a reminder Tuesday morning, please contact David Wilkins.

Stories

do you know
the old stories
about the stars the
hunter and dog swan crab
dragon lion big bear and
little bear the seven
sisters there on the horizon call it

pleasure call it
comfort call it
rinsing out the dread all
night long the silence of the
heavens remains
intractable the darkness is more dark
than the back

of the moon's silver
eye and heavy
as lead this is why
there are so many stories to draw
each star into the mouth for a single
minute to feel that white fire
against the teeth bearable even

intimate what happens
next we say what happens
next and why does it
happen and what happens
then because *that* has happened
lifting up the darkness
by that much.

Where: Ted Hoyt's house

Topic: Whither UUFES? Rev. Betsy has announced her retirement by the end of June. Thus, what is the state of UUFES now? How is the Fellowship healthy? What might we be doing that we are not doing? What must we do to guarantee UUFES's well-being right now? What might be fixed that is fixable? What is the mission of the Fellowship?

The Men's Group always welcomes transgender, nonbinary, and cisgender persons.

Women's Lunch Group (cis, trans, non-binary inclusive)
1st Thursday, 12 noon - UUFES Library unless otherwise noted :-)



At Eleanor's home in October....

Whose trays?

Thanks to everyone who has cooked and provided tasty food for coffee hour and other events. Please pick up your plate/tray in the next couple of weeks. If you can't come, let the office know which one's yours. After October 31, they will migrate to the thrift shop.



Lost and Found

Found: A mouth guard on the floor of Rev. Betsy's office. On the desk now.

Lost: A lightweight pair of blue gloves. Please contact Sharon Nothnagle.



Links to Recent Services

"Indigenous People's Sunday" - 10/13

https://uuma.zoom.us/rec/share/ZPjIO3PvCV58SfWu9gG5GCil8do3FIXhaeL OYpqq9nIBlP7TaDa-C_o5vcOmeaNF.IYmvrCBFjWgP6Jif?

startTime=1728824799000

Passcode: WC6x#HN?

"The Game of Life" 10/6 - about the Middle East and play

<https://uuma.zoom.us/rec/share/rsUAE3zOYgzDyjBYO7gofc4CXghZ8RZ5Ce8 PFzh6zpEGSAHe5om6FGzmk4SZIipg.LnY6qK-K-4xs3kOB?>

startTime=1728221021000

Passcode: vQxkX76%

For copyright reasons, this recording does not contain the postlude.

CIDERING DAY 2024

AT THE JENKINS' UPLANDS APPLE FARM
SATURDAY AFTERNOON, OCTOBER 19th



STARTING AT 1:30 PM

"CIDER BY THE GALLON"

DONATIONS TO SUPPORT LOCAL FOOD PANTRIES

THE APPLE CROP IS SMALL THIS YEAR, SO AMOUNTS MAY BE LIMITED

TO RESERVE YOUR ORDER, PLEASE EMAIL

ebtjenkins@gmail.com

381 TOWLE HILL ROAD, SOUTH EATON

2.1 MILES UP HORSE LEG HILL RD., OFF RT. 153 AT PURITY SPRING RESORT

CONTINUE ON TOWLE HILL RD. PAST THE SOUTH EATON MEETING HOUSE

TO #381 ON YOUR LEFT OPPOSITE THE HANGING MAILBOX

CELL PHONE: 603-986-5968 (Service resumes uphill as you approach my farm.)

Important Dates:

THIS Saturday, October 19, at 1:30: Cidering at Eleanor's farm

Saturday, November 2, at 1: Fall Clean-up

Sunday, November 10: Fellowship Sunday.

- Service to include a Fire Drill
- Soup and Bread Lunch w/ post-drill (and post-election) discussion
- Needed: TWO soup-makers and some pot-luck desserts

Rev. Betsy Tabor:

Email is preferred contact, and by all means call when in need. I'm in the office most Tuesdays if you would like to arrange a meeting.

Email: revbetsytabor@gmail.com

Cell: 603-431-6693

UUFES Office: Danielle works in the office two midweek afternoons. One morning/week, Becky Thompson manages bills, deposits, and payroll. Please send office business to Rev. Betsy/Barbara Lubin and Mail Pouch correspondence to Rev. Betsy.

Using the Online Directory

If your email address is in the UUFES directory, you can access the directory online. Log in as an InstantChurch member: <https://members.instantchurchdirectory.com>

Office 603-323-8585
UUFES WEBSITE LINK: www.uufesnh.com



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